

NORTH RIDGEVILLE PARKS & RECREATION

2024 Spring-Summer Program Guide



Registration
Begins
April 8



SCAN QR CODE

USE YOUR SMART PHONE TO ACCESS OUR ONLINE PROGRAM GUIDE AND WEBSITE TO REGISTER.

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Dear Residents,

As we move into spring with warmer temperatures, I know I'm looking forward to getting outside and enjoying our parks and all the activities that are planned for this year! This also brings us to capital project season! A few of the major projects include construction of a roundabout at Route 83 and Chestnut Ridge Road which is an Ohio Department of Transportation project with construction to commence late spring/early summer. Progress continues on the Mills Creek Conservation and Flood Control Project and the peanut roundabout at Mills, Stoney Ridge and Avalon. The Cypress Avenue Extension will be bid this summer with construction to follow along with our annual streets and catch basin rehab programs.

There is a lot happening in North Ridgeville. Stay up-to-date with the latest news by visiting our city's website at nridgeville.org or by following City of North Ridgeville Government on Facebook. And, if you haven't signed up to receive our monthly eNewsletter, visit the city's website at nridgeville.org and click on eNews Signup to provide your email address. We have received positive feedback on the first three editions. It's a great way for us to communicate timely information about upcoming projects and events.

Please join me at my upcoming monthly Coffee and Conversation in Council Chambers at City Hall on the following dates: Wednesday, April 10; Tuesday, May 7; Friday, June 14; Tuesday, July 16; and, Wednesday, August 14. The coffees are from 8:30-9:30 a.m. for the exception of July 16, which will be held in the evening from 6-7:00 p.m. This provides you with an opportunity to hear first-hand about current and upcoming projects and to ask any questions you may have.

I hope to see you soon over coffee, at our parks or at one of the events!

Sincerely,

Mayor Kevin Corcoran

MAYOR'S MESSAGE



MEET YOUR TEAM

Kevin Fougousse
Parks and Recreation Director

✉ kfougousse@nridgeville.org
☎ (440) 490-2051



Tyler Newkirk
Recreation Supervisor

✉ tnewkirk@nridgeville.org
☎ (440) 490-2054



PARKS & FACILITIES GUIDE



FACILITY:	LOCATION:
Safetyville Building	35753 Bainbridge Road
Community Cabin	35751 Bainbridge Road
Indoor Batting Cage	37077 Shady Drive
Concession Stands 1 & 2	37077 Shady Drive
Concession Stand	8949 Root Road
Concession Stand	5463 Mills Creek

The City of North Ridgeville is home to 4 community parks and over 113 acres of park land. Parks range in size and provide a mix of features and amenities to meet a variety of needs. The list below highlights four types of parks found throughout the City, along with facilities operated and maintained by the Parks & Recreation Department.

All parks are open dawn to dusk.
Lighted facilities open until 11:00PM (Restrictions may apply)

PARKS:	LOCATION:	ACRES:	AMENITIES:															
South Central Park	7565 Avon Belden Rd.	28.98																
Root Road Park	8949 Root Road	12.32																
Frontier Park	5463 Mills Creek Lane	12.54																
Shady Drive Complex	37077 Shady Drive	59.39																

GENERAL INFORMATION

Office Information

North Ridgeville Parks & Recreation
7327 Avon Belden Road
North Ridgeville, Ohio 44039

Phone: (440) 490-2052
Fax: (440) 490-2052
Weather Hotline: (440) 210-6226
Website: www.nridgeville.org/parksandrec

Office Hours:
8:00AM-4:30PM Monday-Friday
Closed Saturdays & Sundays

Refund Policy

View the NRPRD Refund Policy at www.nridgeville.org/parksandrec. Click on policy tab to view the department's policy.

Photo Policy

The North Ridgeville Parks & Recreation Department reserves the right to take photos of participants enrolled in programs or those attending a Parks & Recreation event. These photos are to be used strictly by the Parks & Recreation Department for the purpose of advertising in future program guides, catalogs, pamphlets, flyers and on the department website. Organizations, including media relations, must have permission from the Parks & Recreation Director or Recreation Supervisor prior to taking photographs.

Program Cancellation

The North Ridgeville Parks & Recreation Department reserves the right to cancel any activity, program or event based on insufficient registrations, supervision or facilities. All activities, programs or events will either be rescheduled or fees refunded.

All classes require a minimum number of participants in order to be conducted. If the class minimum is not met by the deadline date, the activity is cancelled. Please register at least 5 days prior to the beginning of the activity.

How To Register

Online

Visit www.nridgeville.org/parksandrec. Login or create your account to register.

By Mail

Mail in a completed registration form with payment to:

North Ridgeville Parks & Recreation
7307 Avon Belden Road
North Ridgeville, Ohio 44039

In-Person

Drop off completed registration form with payment at the Parks & Recreation Department Monday-Friday between 8:00AM-4:30PM.

Drop Box

Can't make it during the hours of operation? Place your registration form and check payment (NO CASH) in an envelope and place in our secure drop box on our office door, 24/7. Make checks payable to NR PARKS & REC.

Tot Programs

Gym and Story Time

Come join us with North Ridgeville Branch Library for a story and some movement to burn off some energy. Children can come and have some fun while making new friends. Your child will experience gross motor movements and social skills, with stories and a snack.

Instructors: NR Branch Library & Michelle Carey

Ages: 2-5 year olds

Class Size: 04 minimum/15 maximum

Fee: 5 Resident/6 Non-Resident

Drop-In Fee: 6 Resident / 7 Non-Resident

Location:

Shady Dr. Indoor MP Facility 37077 Shady Dr.

Day	Date	Time
FRI	05.03	10:00-11:00AM

Pre-Star Shiners Tap & Ballet

A combination dance class of tap, ballet and dance games for kids. This energetic and expressive class will have your Pre-Star Shiner learning age-appropriate dance and motor skills, musicality and rhythm to reach class goals in fun creative ways. Great for boys and girls! Spring Showcase will be held on Sunday, June 2. All are invited to attend but must be registered for Session I.

Instructor: Dance To EvOLvE

Ages: 3-6 year olds

Class Size: 06 minimum/16 maximum

Fee:

Session I: 149 Resident/159 Non-Resident

Session II & III: 83 Resident/ 93 Non-Resident

Location: Safetyville Bldg. 35753 Bainbridge Rd.

Session	Day	Date	Time
Ses I	MON	04.15-06.10	4:30-5:25PM
Ses II	MON	06.24-07.22	4:30-5:25PM
Ses III	MON	07.29-08.26	4:30-5:25PM

Calling All Superheroes Dance Camp!

It's a bird, it's a plane, it's a dancing Superhero! This non-stop, hip-hop inspired summer camp is catered towards the unmatched energy of a hero or heroine. Superheroes will get to show off their hip-hop dancing powers in this summer dance camp that includes dance class, art projects, a Superhero skit, and games like scavenger hunts and obstacle courses. Here is your Superhero's chance to save the day! Families are invited to the Family Friday show the last 30 min of camp. Please pack a snack for your child.

Instructor: Dance To EvOLvE

Ages: 3-7 year olds

Class Size: 08 minimum/18 maximum

Fee: 185 Resident/195 Non-Resident

Location: Safetyville Bldg. 35753 Bainbridge Rd.

Day	Date	Time
M-FRI	07.15-07.19	9:00AM-NOON

Tiny Movers Tap & Ballet

A combination class of tap and ballet and dance games for kids. This energetic and expressive class will have your Tiny Mover learning basic dance and motor skills, musicality and rhythm to reach class goals in fun creative ways. Classes start with tap and then transition into ballet each week. Spring Showcase on Sunday, June 2. All are invited to attend but must be registered for Session I.

Instructor: Dance To EvOLvE

Ages: 3-4 year olds

Class Size: 06 minimum/15 maximum

Fee: 149 Resident/159 Non-Resident

Location: Safetyville Bldg. 35753 Bainbridge Rd.

Day	Date	Time
SAT	04.20-06.15	10:00-10:55AM

Magical Munchkins

This is a gentle introductory dance class that includes tap, ballet and dance games. It is energetic, expressive, and fun and will have your magical dancer learning the dance basics in an age-appropriate way. Classes start with tap and then transition into ballet each week. Parent (or caregivers) presence required as adults participate as needed. Please save snacks for before or after class for a successful and safe learning environment. Dancers must be at least 24 months prior to the session starting. Spring Showcase will be held on Sunday, June 2. All are invited to attend but must be registered for Session I.

Instructor: Dance To EvOLvE

Ages: 2-3 year olds

Class Size: 06 minimum/12 maximum

Fee: 149 Resident/159 Non-Resident

Location: Safetyville Bldg. 35753 Bainbridge Rd.

Day	Date	Time
SAT	04.20-06.15	9:15-9:55AM

Sensational Superstars Dance Camp

Join our camp for Superstar Sensations in a world of rhythm and glitter! Campers will embark on an adventure, exploring their inner popstars and shining bright. Create art projects suited for a movie star, shake it out in a skit, and play captivating dance games. Get ready for a week of high-energy activities and creative expression. The Friday mini-show is for families, allowing our talented dancers to jam out and show off their popstar moves. Please pack a snack for your child.

Instructor: Dance To EvOLvE

Ages: 2-3 year olds

Class Size: 08 minimum/18 maximum

Fee: 185 Resident/195 Non-Resident

Location: Safetyville Bldg. 35753 Bainbridge Rd.

Day	Date	Time
M-FRI	07.29-08.02	9:00AM-NOON

Safetyville

The North Ridgeville Police Department is sponsoring its annual Safetyville program. The program provides an educational setting in which children are exposed to various safety topics related to traffic, school bus, stranger danger, 911, fire safety, and more. The children receive their lessons inside an enclosed classroom and then practice these lessons outside within a realistic miniature village. Each session is one week. The Safetyville program is for kids entering kindergarten in the fall of 2024, but is not a prerequisite for kindergarten. **For more information contact Somer Oliva at (440) 490-2017.**

Instructor: North Ridgeville Police Department

Ages: Boys/Girls entering Kindergarten in Fall 2024

Class Size: 06 minimum/36 maximum

Fee: 45 Resident/50 Non-Resident

Location: Safetyville Bldg. 35753 Bainbridge Rd.

Session	Day	Date	Time
Ses I	M-FRI	06.03-06.07	8:00-9:30AM
Ses II	M-FRI	06.03-06.07	9:45-11:15AM
Ses III	M-FRI	06.03-06.07	11:30AM-1:00PM
Ses IV	M-FRI	06.10-06.14	8:00-9:30AM
Ses V	M-FRI	06.10-06.14	9:45-11:15AM
Ses VI	M-FRI	06.10-06.14	11:30AM-1:00PM

Hummingbirds Soccer Presented By:

Jump Start Sports

Children will have fun while learning the basics of soccer, dribbling, passing, trapping, shooting and positioning. Each session consists of instruction in each aspect of the game, participation in fun drills that are designed to teach skills in a low-key, non-competitive game. All participants will receive a team shirt and a participation medal.

Instructor: Jump Start Sports

Ages: 3-4 & 5-6 year olds

Class Size: 04 minimum/42 maximum

Fee: 105 Resident/Non-Resident

Registration taken at: www.jumpstartsports.com

Location: Shady Drive MP Fld. 37077 Shady Dr.

Day	Date	Time	Age
THUR	06.13-07.25	5:30-6:30PM	3-4
THUR	06.13-07.25	6:30-7:30PM	5-6

Mommy & Me Art

In Mommy & Me Art, you and your child will explore a variety of art materials, experience new textures, improve fine motor skills, and enjoy being creative in a group setting. Each lesson is planned to expose the children to an element of art, new art material, and basic art skills.

Instructor: Amanda Hamilton

Ages: 2-4 year olds

Class Size: 05 minimum/10 maximum

Fee: 35 Resident/45 Non-Resident

Location: Community Cabin 35717 Bainbridge Rd.

Session	Day	Date	Time
Ses I	SAT	05.11-06.01	10:00-10:45AM
Ses II	SAT	06.08-06.29	10:00-10:45AM
Ses III	SAT	07.06-07.27	10:00-10:45AM
Ses IV	SAT	08.03-08.31	10:00-10:45AM

No class 08.10.24

Junior Pony Camp

You will play games, have story time, groom and participate with the ponies and then ride them. Participants must wear long pants, flat shoes and a helmet. There is a 65lb. weight limit. For more info call Lorraine Schaffner at (440) 891-9992.

Instructor: Pony Tale Farms Staff

Ages: 2-6 year olds

Class Size: 04 minimum/10 maximum

Fee: 45 Resident/55 Non-Resident

Location: Pony Tale Farms 13360 Cowley Rd.

Session	Day	Date	Time
Ses I	TUES	04.23 & 04.30	4:00-4:45PM
Ses II	WED	05.08 & 05.15	4:00-4:45PM
Ses III	THUR	06.20 & 06.27	4:00-4:45PM
Ses IV	TUES	07.09 & 07.16	11:30AM-12:15PM
Ses V	TUES	08.06 & 08.13	4:00-4:45PM

Preschool Interactive Irish Dance

Story time, games, dolls and more are incorporated in class to provide an interactive fun experience for children as they learn Irish Dance. The class teaches proper technique for Traditional Irish Dances. In addition, dancers will learn coordination, poise, movement and rhythm with emphasis on the basic style and characteristics which make Irish Dance a unique art form. Irish Dance is full of energy with jumps, kicks and skips. This dance style uses rapid footwork with crossed feet keeping to the rhythm of Irish music. Dancers will benefit from the many wonderful health benefits of Irish Dance.

Instructor: Peggy Cannon

Ages: 3-5 year olds

Class Size: 04 minimum/10 maximum

Fee: 45 Resident/55 Non-Resident

Location: Safetyville Bldg. 35753 Bainbridge Rd.

Session	Day	Date	Time
Ses I	WED	06.12-07.03	3:00-3:45PM
Ses II	WED	07.10-07.31	3:00-3:45PM

Youth Programs

Kids Irish Dance

The class teaches proper technique for Traditional Irish Dances. In addition, dancers will learn coordination, poise, movement and rhythm with emphasis on the basic style and characteristics which make Irish Dance a unique art form. Irish Dance is full of energy with jumps, kicks and skips. This dance style uses rapid footwork with crossed feet keeping to the rhythm of Irish music. Age-appropriate activities are included to engage the dancers. Dancers will benefit from the many wonderful health benefits of Irish Dance.

Instructor: Peggy Cannon
Ages: 6-12 year olds
Class Size: 04 minimum/10 maximum
Fee: 45 Resident/55 Non-Resident
Location: Safetyville Bldg. 35753 Bainbridge Rd.

Session	Day	Date	Time
Ses I	WED	06.12-07.03	3:45-4:30PM
Ses II	WED	07.10-07.31	3:45-4:30PM

Beat Breakers Hip Hop

This fun, high-energy kid's dance class enables boys to be boys and girls to let loose while developing creativity, coordination, musicality, and listening skills. Activities include hip hop, and dance games in a non-stop action-packed class that will have you movin' to the beats! All music and moves are age appropriate. Spring showcase on Sunday, June 2. All are invited and must be registered by Session I.

Instructor: DanceTo EvOLvE
Ages: 4-7 year olds
Class Size: 06 minimum/16 maximum
Fee:
Session I: 149 Resident/159 Non-Resident
Session II: 83 Resident/93 Non-Resident
Location: Safetyville Bldg. 35753 Bainbridge Rd.

Session	Day	Date	Time
Ses I	MON	04.15-06.10	5:30-6:25PM
Ses II	MON	06.24-07.22	5:30-6:25PM
Ses III	MON	07.29-08.26	5:30-6:25PM

Star Shiners Hip Hop/Ballet

Keep your Star Shiner moving in this hip hop and ballet combination class. This progressive class introduces curriculum goals through fun movement allowing your dancer to be challenged while expressing themselves. Classes start with hip hop and then transition into ballet each week. Dancers develop dance, listening, and coordination skills, including an emphasis on ballet terminology and technique. Spring Showcase on Sunday, June 2. All are invited to attend, must be registered by Session I.

Instructor: DanceTo EvOLvE
Ages: 4-7 year olds
Class Size: 06 minimum/16 maximum
Fee: 149 Resident/159 Non-Resident
Location: Safetyville Bldg. 35753 Bainbridge Rd.

Day	Date	Time
SAT	04.20-06.15	11:00-11:55AM

Fencing

The art of swordsmanship has been practiced for centuries. First, it was to train for deadly combat—the duel. Now, it is fun and safe for boys and girls, men and women. Join instructor Tom Nagy and the On Target Fencing Team as they teach you Foil and Epee in a serious setting open to beginners and experienced fencers. For more info contact Tom Nagy at (440) 327-0808.

Instructor: Tom Nagy
Ages: 8 and Up
Class Size: 04 minimum/36 maximum
Fee: 85 Resident/95 Non-Resident (eqpt. included)
Location:
THUR: Shady Dr. Indoor MP Facility 37077 Shady Dr.
SAT: Senior Center 7327 Avon Belden Rd.

Session	Day	Date	Time
Ses I	TH/SAT	05.02-05.30	8:00-9:30PM (TH) 9:00AM-12:30PM (S)
Ses II	TH/SAT	06.01-06.29	8:00-9:30PM (TH) 9:00AM-12:30PM (S)
Ses III	TH/SAT	07.06-07.27	8:00-9:30PM (TH) 9:00AM-12:30PM (S)
Ses IV	TH/SAT	08.01-08.31	8:00-9:30PM (TH) 9:00AM-12:30PM (S)

Family & Friends CPR

The Family & Friends CPR Course teaches the lifesaving skills of adult Hands-Only CPR, adult CPR with breaths, child CPR with breaths, adult and child AED use, infant CPR, and mild and severe airway block for adults, children, and infants. Skills are taught in a dynamic group environment using the AHA's research-proven practice-while-watching technique, which provides students with the most hands-on CPR practice time possible. Cost covers booklet for you to keep. A CPR certificate is not given upon completion of this class.

Instructor: North Ridgeville Fire Department
Ages: 8 and Up
Class Size: 04 minimum/20 maximum
Fee: 3 Resident/5 Non-Resident
Location: NR Fire Station 1 7000 Ranger Way

Day	Date	Time
SAT	06.22	9:00-11:00AM
SAT	08.24	9:00-11:00AM

American Heart Association CPR/Basic Life Support (BLS) Certification

This class is designed for healthcare professionals and other personnel who need to know how to perform CPR and other basic cardiovascular life support skills in a wide variety of in-facility and prehospital settings. Participants will learn high-quality CPR for adults, children, and infants, AHA Chain of Survival (BLS components), important early use of an AED. Effective ventilations using a barrier device, importance of teams in multi-rescuer resuscitation and performance as an effective, team member during multi-rescuer CPR, and relief of foreign-body airway obstruction (choking) for adults and infants. CPR certificate will be received upon completion of this course. Cost covers CPR certificate and materials.

Instructor: North Ridgeville Fire Department
Ages: 11 and Up
Class Size: 04 minimum/20 maximum
Fee: 10 Resident/15 Non-Resident
Location: NR Fire Station 1 7000 Ranger Way

Day	Date	Time
SAT	06.01	9:00AM-1:00PM
SAT	07.06	9:00AM-1:00PM
SAT	08.03	9:00AM-1:00PM

Nerf Battle

Get ready for a competitive, action-packed night with NRPD Nerf Battle! Age groups will be split into two teams and will play three games. Games include Capture the Flag, Team Battle Royale and Group Choice. Safety goggles will be provided if the child does not have any. You must bring your own Nerf gun, bullets will be provided by the Parks and Recreation Department. For rules and information, please check out the "FORMS" tab with Nerf Battle Rules. Parents can join in the last half hour of each age group.

Instructor: NRPD Staff
Ages: 6-12 year olds
Class Size: 08 minimum/36 maximum
Fee: 30 Resident/40 Non-Resident
Location:
Shady Drive Indoor MP Facility 37077 Shady Dr.

Day	Date	Time	Ages
FRI	08.09	7:00-8:30PM	6-12

Pony Camp

Children will learn introductory riding skills, safety issues and general pony care. Participants must wear long pants, flat shoes and helmet. There is a 125lb weight limit. For more info call Lorraine Schaffner at (440) 891-9992.

Instructor: Pony Tale Farms Staff
Ages: 7-12 year olds
Class Size: 04 minimum/10 maximum
Fee: 100 Resident/110 Non-Resident
Location: Pony Tale Farms 13360 Cowley Rd.

Session	Day	Date	Time
Ses I	WED	05.08-05.29	5:00-6:00PM
Ses II	THUR	06.06-06.27	5:00-6:00PM
Ses III	TUES	07.09-07.30	10:00-11:00AM
Ses IV	TUES	08.06-08.27	5:00-6:00PM

Summer Adventure Camp

Summer break is just around the corner and you don't have a babysitter. What are you going to do? North Ridgeville Summer Adventure Camp is the perfect place for your child. Camp will provide your child with opportunities to make new friends, play games, make art projects, and enjoy a small snack. Emergency medical forms must be completed and turned in prior. Be sure to pack a non-perishable lunch and drink, bring a bathing suit, towel, sunscreen, and tennis shoes each day! We will be going on a field trip each week and have special guests throughout the summer.

A parent packet with details can be found online under the "forms" tab with details. A calendar of activities will be provided in the parent packet.

A 5.00 down payment is due immediately upon registration. The week must be paid in full each Wednesday before your child attends camp.

Ages: Entering 1-6 grade in fall of 2024
Class Size: 10 minimum/40 maximum
Fee:
1st Child Weekly: 160 Resident/170 Non-Resident
2nd Child Weekly: 150 Resident/160 Non-Resident
3rd Child Weekly: 140 Resident/150 Non-Resident
Fee is per registrant/per week

Week	Day	Date	Time
WK1	M-FRI	06.03-06.07	7:30AM-5:30PM
WK2	M-FRI	06.10-06.14	7:30AM-5:30PM
WK3	M-FRI	06.17-06.21	7:30AM-5:30PM
WK4	M-FRI	06.24-06.28	7:30AM-5:30PM
WK5	M-FRI	07.01-07.05	7:30AM-5:30PM
No camp 07.04.24, 20 discount this week only			
WK6	M-FRI	07.08-07.12	7:30AM-5:30PM
WK7	M-FRI	07.15-07.19	7:30AM-5:30PM
WK8	M-FRI	07.22-07.26	7:30AM-5:30PM
WK9	M-FRI	07.29-08.02	7:30AM-5:30PM
WK10	M-FRI	08.05-08.09	7:30AM-5:30PM

Beginning Art

Kids will begin to develop a love for art! We will start to learn different techniques and explore different mediums. Each week the children will create a unique piece of art, all of which will be displayed during an art show on the last day. Please wear clothes that can get dirty.

Instructor: Amanda Hamilton
Ages: 5-10 year olds
Class Size: 05 minimum/10 maximum
Fee: 45 Resident/55 Non-Resident
Location: Community Cabin 35717 Bainbridge Rd.

Session	Day	Date	Time
Ses I	SAT	05.11-06.01	11:00AM-NOON
Ses II	SAT	06.08-06.29	11:00AM-NOON
Ses III	SAT	07.06-07.27	11:00AM-NOON
Ses IV	SAT	08.03-08.31	11:00AM-NOON

No class 08.10.24

3rd & 4th Grade Junior Browns Flag Football In Partnership with NFL Flag
Our flag football league will partner with the Cleveland Browns and NFL Flag. All teams will receive an official NFL team-branded jerseys and flag belts. Teams will compete in the Little Southwest Conference. Games are played on Saturdays with practices being held during the week. **Sign up online or in-person before June 28 to receive our early bird rate. After June 28 the program fee increases by \$10.**

Ages: Boys/Girls Entering 3rd & 4th Grade
Date: August-October
Fee: 90 Resident/100 Non-Resident
Location: Various Locations

5th & 6th Grade Junior Browns Flag Football In Partnership with NFL Flag
Our flag football league will partner with the Cleveland Browns and NFL Flag. All teams will receive an official NFL team-branded jerseys and flag belts. Teams will compete in the Little Southwest Conference. Games are played on Saturdays with practices being held during the week. **Sign up online or in-person before June 28 to receive our early bird rate. After June 28 the program fee increases by \$10.**

Ages: Boys/Girls Entering 5th & 6th Grade
Date: August-October
Fee: 90 Resident/100 Non-Resident
Location: Various Locations

Junior Ranger Tackle Football Program
The program is designed to teach the fundamentals of football while participating in the Little Southwest Conference. Games are played on Saturdays with practices being held during the week. Rookie Tackle for 3rd & 4th graders is 7 v 7 with the 5th & 6th grade program being 11 v 11. **Sign up online or in-person before June 28 to receive our early bird rate. After June 28 the program fee increases by \$10.**

Ages: Boys/Girls Entering 3 & 4 / 5 & 6 grades
Date: August-October
Fee: 175 Resident/185 Non-Resident
Location: Various Locations

Youth Tennis with Force Sports
Are you looking for a new sports experience for your child? Then how about a professionally run introduction to a sport of a life time? Eric Hodge has been certified USPTR Professional and the Director at Force Sports Rocky River. As a graduate and resident of North Ridgeville he is looking forward to working with the youth of the community. All participants should bring water, sunscreen, and a racquet.

Instructor: Eric Hodge, USPTR Professional
Ages: 4-6 / 7-9 / 10-14 year olds
Class Size: 04 minimum/15 maximum
Fee:
Ages 4-6: 48 Resident/58 Non-Resident
Ages 7-14: 88 Resident/98 Non-Resident
Location: South Central Park 7565 Avon Belden Rd.

Session	Day	Date	Time	Age
Ses I	M/W	06.03-06.26	9:00-9:30AM	4-6
			9:30-10:30AM	7-9
			10:30-11:30AM	10-14
Ses II	M/W	07.01-07.24	9:00-9:30AM	4-6
			9:30-10:30AM	7-9
			10:30-11:30AM	10-14

Brazilian United Soccer Camp
Brazilian Soccer Camp is open for all kids from 7 to 14 years old and at any soccer level. The camp aims to keep all players in touch with the "beautiful game" including developing technical skills, cultural soccer activities, mini-tournaments, and lots of fun. Bring your game, make some soccer friends, and enjoy a different way to learn Soccer and develop your skills with a professional Brazilian soccer coach. By the end of camp get your customized evaluation card.

Instructor: Brazilian United Professional Coaches
Ages: 7-14 year olds
Class Size: 10 minimum/30 maximum
Fee:
All Day Camp: 269 Resident/Non-Resident
Half Day Camp: 229 Resident/Non-Resident
Register at:
www.brazilianunited.com/north-ridgeville/
Location: Shady Drive Complex 37077 Shady Dr.

Day	Date	Time	Age
M-FRI	06.10-06.14	9:00AM-3:00PM	8-14
M-FRI	06.10-06.14	9:00AM-NOON	7-14

Brazilian United Soccer Future Stars Program
The Future Stars Program is perfect for introducing soccer to younger children from 4 to 6. It creates an extremely playful environment that engages the imagination of little ones, while teaching basic soccer techniques in a natural manner. At Brazilian United, soccer is utilized as a tool for motor and cognitive development, ensuring a fun-filled experience! Our coaches interact with players differently, aiming to help your child adapt well among friends and to this exciting new sport they are exploring.

Instructor: Brazilian United Professional Coaches
Ages: 4-6 year olds
Class Size: 05 minimum/15 maximum
Fee: 125 Resident/Non-Resident
Register at:
www.brazilianunited.com/north-ridgeville/
Location: Shady Drive Complex 37077 Shady Dr.

Day	Date	Time
M-FRI	06.10-06.14	3:00-4:00PM

Adult Sports

Adult Men's Basketball League
Looking to stay active this summer? Register today for our 5 v 5 adult basketball open recreation league. Teams will play an 8 game regular season, followed by a single elimination tournament. League & tournament champions will receive awards. Team uniforms required for game play.

Ages: 18 and Up
Fee: 300 per team
30 per team, per game official fee paid onsite
Location: NR Academic Center 34620 Bainbridge Rd.

Day	Date	Time
WED	06.05-08.07	6:00-8:00PM

Adult Tennis Lessons
Join us for an hour of tennis instruction, game-play and FUN! Our sessions will be geared towards adults 18+ who have little or no tennis experience (beginner/intermediate). Racquets will be available to borrow. Please bring water, sunscreen and athletic shoes.

Instructor: Michelle Dukeman-Carey
Ages: 18 and Up
Class Size: 04 minimum/10 maximum
Fee: 50 Resident/60 Non-Resident
Location: South Central Park 7565 Avon Belden Rd.

Session	Day	Date	Time
Ses I	WED	06.05-06.26	6:00-7:00PM
Ses II	WED	07.10-07.31	6:00-7:00PM

Youth Sports

Kindergarten Junior Browns Flag Football In Partnership with NFL Flag
Our flag football league partners with the Cleveland Browns and NFL Flag. All teams will receive an official NFL team-branded jerseys and flag belts. Teams will compete in the Little Southwest Conference. Games are played on Saturdays with practices being held during the week. **Sign up online or in-person before June 28 to receive our early bird rate. After June 28 the program fee increases by \$10.**

Ages: Boys/Girls Entering Kindergarten
Date: August-October
Fee: 90 Resident / 100 Non-Resident
Location: Various Locations

1st & 2nd Grade Junior Browns Flag Football In Partnership with NFL Flag
Our flag football league partners with the Cleveland Browns and NFL Flag. All teams will receive an official NFL team-branded jerseys and flag belts. Teams will compete in the Little Southwest Conference. Games are played on Saturdays with practices being held during the week. **Sign up online or in-person before June 28 to receive our early bird rate. After June 28 the program fee increases by \$10.**

Ages: Boys/Girls Entering 1st & 2nd Grade
Date: August-October
Fee: 90 Resident / 100 Non-Resident
Location: Various Locations



Fitness

All Levels Yoga

Our class, beginners to experienced students, will do poses focusing on alignment, focus-point and breath. The class is a low-to-medium paced flow of movement. You will receive personalized instruction in this 6-week course that shows the fundamentals of yoga. You will explore classic yoga poses, learn healthy body alignment, experiment with modifications and props, and become comfortable with the nature of yoga.

Instructor: Danielle Smith

Ages: 15 and Up

Class Size: 04 minimum/15 maximum

Fee: 50 Resident/60 Non-Resident

Location: Safetyville Bldg. 35753 Bainbridge Rd.

Session	Day	Date	Time
Ses I	THUR	05.09-05.30	7:30-8:30PM
20 discount, 4-week session			
Ses II	THUR	06.20-08.01	7:30-8:30PM
No class 07.04.24			
Ses III	THUR	08.15-09.19	7:30-8:30PM

HIIT Yoga

A blend of yoga with HIIT (High Intensity Interval Training), with low-intensity options, is a workout designed for all levels wanting to develop their fitness & yoga practice. HIIT is alternating intervals of high intensity workout with rest (2:1 ratio-40 seconds of HIIT to 20 seconds in a resting pose). The portions of the class are: 5 minutes centering, 10 minutes yoga warm-up flow, 30 minutes yoga HIIT, 10 minutes cool-down yoga flow & ending with a 5 minutes savasana. Receiving the benefits both a HIIT (cardio) & Yoga (balance & flexibly) have to offer!

Instructor: Danielle Smith

Ages: 15 and Up

Class Size: 04 minimum/15 maximum

Fee: 50 Resident/60 Non-Resident

Location: Safetyville Bldg. 35753 Bainbridge Rd.

Session	Day	Date	Time
Ses I	MON	04.29-05.20	6:45-7:45PM
20 discount, 4-week session			
Ses II	MON	06.17-07.22	6:45-7:45PM
Ses III	MON	07.29-09.02	6:45-7:45PM

Meditation Yoga

Join us for this six-week meditative journey. Within this journey we will try many different styles of meditation along with various breathing exercises. Research demonstrates that meditation may reduce symptoms of pain, anxiety, and depression. In addition, those who practice meditation are happier and more content. Everyone is welcome. Dress comfortably and bring something to sit on (pillow, meditation pillow, chair). Rain or shine, we will meet.

Instructor: Kip Cronk

Ages: 15 and Up

Class Size: 06 minimum/15 maximum

Fee: 50 Resident/60 Non-Resident

Location: S. Central Park Gazebo 7565 Avon Belden Rd.

Day	Date	Time
WED	06.19-07.31	6:30-7:30PM

No class 07.03.24

Sound Bath

Join Becky Hopp from With a Grateful Heart Wellness, as she takes you on a relaxing journey using the highest grade Crystal Alchemy Singing Bowls. This full body relaxation experience will help with stress, tension, sleeplessness, anxiety, depression, grief, physical pain, addiction and more. Based on ancient healing techniques, this occurs through the sound wave vibrations which calm the nervous system and balance the subtle body. Are you ready to let go of stress & worry? Be prepared to leave the session feeling refreshed, radiant, and glowing from the inside out. Come be bathed in the healing vibrations of sound, all from the comfort of your own yoga mat.

Instructor: Becky Hopp

Ages: 15 and Up

Class Size: 04 minimum/20 maximum

Fee: 20 Resident/30 Non-Resident

Location: Senior Center 7327 Avon Belden Rd.

Session	Day	Date	Time
Ses I	MON	05.13	6:30-7:30PM
Ses II	MON	06.10	6:30-7:30PM

Spinning

When in need of a challenging workout, innovative equipment, or a flat-out fun experience, look to Spinning and start enjoying the benefits of indoor cycling. This class is a great cardiovascular workout. Pedal through hill climbs, sprints, and many other challenging drills and exercises. An indoor cycling class set to exciting music tracks and choreographed to provide an excellent workout and improve cardiovascular conditioning. Please bring a water bottle and towel.

Instructors: Ralph Mlady & Holly Haputa

Ages: 15 and Up

Class Size: 04 minimum/12 maximum

Fee: 50 Resident/60 Non-Resident

Location: Shady Dr. Indoor MP Facility 37077 Shady Dr.

Session	Day	Date	Time
Ses I	MON	06.03-07.08	6:30-7:30PM
Ses II	MON	07.15-08.19	6:30-7:30PM
Ses III	MON	08.26-09.30	6:30-7:30PM
Ses I	WED	05.29-07.03	6:30-7:30PM
Ses II	WED	07.10-08.14	6:30-7:30PM
Ses III	WED	08.21-09.25	6:30-7:30PM

Stroller Strong

Stroller Strong is an energetic, total-body workout designed for moms with kids in tow! Each 60-minute workout focuses on strength training, basic cardio, and core restoration, all while entertaining little ones with songs, activities, and fun! The Stroller Strong instructor is skilled to meet you where you are mentally and physically by providing motivation and modifications in a judgment free zone so you get the best workout possible! You'll leave class feeling connected, successful, and energized. No mommy guilt here! This class is all about self-care in a supportive and encouraging environment.

Instructors: Danielle Stribula

Ages: 15 and Up

Class Size: 04 minimum/15 maximum

Fee: 50 Resident/60 Non-Resident

Location: Shady Dr. Indoor MP Facility 37077 Shady Dr.

Session	Day	Date	Time
Ses I	WED	04.24-05.29	10:00-11:00AM
Ses II	WED	06.19-07.24	10:00-11:00AM
Ses III	WED	07.31-09.04	10:00-11:00AM

Restorative Sound Bath

Take a 90-minute relaxation journey with 60 minutes of easy restorative yoga and an extended 30-minute Savasana. During the entire journey crystal bowls and an eclectic mix of music will be played. The combination of yoga and crystal bowls will lead you into a deep state of peaceful relaxation. Bring a yoga mat, comfortable clothing and/or your favorite blanket and pillow.

Instructors: Kip Cronk & Becky Hopp

Ages: 15 and Up

Class Size: 04 minimum/20 maximum

Fee: 25 Resident/35 Non-Resident

Location: Senior Center 7327 Avon Belden Rd.

Day	Date	Time
MON	04.22	6:00-7:30PM
MON	06.03	6:00-7:30PM

Total Body Tone

The class will focus on improving muscular strength and toning utilizing various resistance equipment, such as weights, bands, and stability balls. Class will target on increasing energy, toning muscles, and stretching.

Instructor: Kathy Hungerman

Ages: 15 and Up

Class Size: 04 minimum/15 maximum

Fee: 50 Resident/60 Non-Resident

Location: Safetyville Bldg. 35753 Bainbridge Rd.

Session	Day	Date	Time
Ses I	WED	04.17-05.22	9:00-10:00AM
Ses II	WED	06.19-07.10	9:00-10:00AM
4 week session, 20 discount			
Ses III	WED	08.14-09.18	9:00-10:00AM

Zumba Fitness

Are you ready to party yourself into shape? That's exactly what the Zumba® program is all about. It's an exhilarating, effective, easy-to-follow, Latin-inspired, calorie-burning dance fitness-party that's moving millions of people toward joy and health. Class is an hour and offered year-round.

Instructors: Isa Serra & Michelle Carey

Ages: 15 and Up

Class Size: 04 minimum/40 maximum

Pre-Registration Fee: 5 Resident/6 Non-Resident

Drop-In Fee: 6 Resident/7 Non-Resident

Location: Shady Dr. Indoor MP Facility 37077 Shady Dr.

Session	Day	Date	Time
Ses I	TUES	05.07-05.28	6:30-7:30PM
Ses II	TUES	06.04-06.25	6:30-7:30PM
Ses III	TUES	07.02-07.30	6:30-7:30PM
Ses IV	TUES	08.06-08.27	6:30-7:30PM
Ses I	THUR	05.02-05.30	6:30-7:30PM
Ses II	THUR	06.06-06.27	6:30-7:30PM
Ses III	THUR	07.11-07.25	6:30-7:30PM
Ses IV	THUR	08.01-08.29	6:30-7:30PM

Adult Ed

Intermediate Dog Training

Time to take our training to the next level! We've got our basic cues down - like sit, stay, recall, down, etc. Now it's time for us to sharpen our skills with our best friends and get quicker responses, longer stays, and even work our Free Lead Walking into a Heel for times when we will want our dogs walking right by us!

Over these 6 weeks we will learn heel, how to get longer and further stays, build better more solid responses in highly distracting environments to all of our cues learned in beginner course, and continue strengthening our relationship with our canine companions! It's time to begin fading our reliance on treats for our solid cues and use our rewards for more difficult behaviors.

Everything taught through this course is to lead to the ability to complete the AKC CGC (Canine Good Citizen) test.

Everything taught in this class is building on what was learned in beginner course - prerequisites are required: sit, down, stay, recall, leave it and drop it.

You do not have to be an expert in these cues-I ask for a beginner level response and the basic foundation to be built in order for us to continue making them stronger. An introductory understanding of place cue will also be helpful as we will be adding distance in this course.

Pet owners must produce proof of vaccinations at 1st class.

Instructors: Lindsey Norton, Hype Dog Training
Ages: 18 and Up
Class Size: 04 minimum/10 maximum
Fee: 130 Resident/140 Non-Resident
Location: Senior Center 7327 Avon Belden Rd.

Session	Day	Date	Time
Ses I	TUES	06.18-07.23	6:00-7:00PM
Ses II	TUES	07.30-09.03	6:00-7:00PM

Standard-Beginner Dog Training

Did you just bring home a new dog from the local shelter? Decided, "I'd like to communicate with my dog better?" Or simply looking for something new and fun to experience with your furry friend? Then this is the class for you!

Over these 6 weeks you and your dog will learn the basics of obedience/manners, covering such behaviors as sit, down, stay, recall (come when called) and more! Not only will we make sure to cover the basics of obedience but also work on common behavior problems such as - counter surfing, dumpster diving, jumping on guests to greet them - and more!

Pet owners must produce proof of vaccinations at 1st class.

Instructors: Lindsey Norton, Hype Dog Training
Ages: 18 and Up
Class Size: 04 minimum/10 maximum
Fee: 130 Resident/140 Non-Resident
Location: Senior Center 7327 Avon Belden Rd.

Session	Day	Date	Time
Ses I	TUES	06.18-07.23	7:00-8:00PM
Ses II	TUES	07.30-09.03	7:00-8:00PM

Paws and Praise Workshop

Here we will be going over all your puppy needs from- What do I need to get for my new puppy (or dog! all ages welcome!) - potty training 101 - common behavior problems - training with positive reinforcement - & so much more! There will be lots of time for ask the trainer (Q&A) as well so come with all your questions!

Instructors: Lindsey Norton, Hype Dog Training
Ages: 18 and Up
Class Size: 04 minimum/10 maximum
Fee: 30 Resident/40 Non-Resident
Location: Senior Center 7327 Avon Belden Rd.

Session	Day	Date	Time
Ses I	SAT	05.11	9:00-10:00AM
Ses II	SAT	06.08	9:00-10:00AM
Ses III	SAT	07.13	9:00-10:00AM
Ses IV	SAT	08.17	9:00-10:00AM

Special Events

Fishing Derby

Sponsored By: NRPRD & NRFD
Can you tell fish stories? Want bragging rights for a year? Then come join us for a fun-filled morning of fishing. Bring your own bait & fishing rod, if you don't have one we will provide one. **For more info please contact Michael Hrusch.**

Ages: 3-18 year olds
Fee: FREE to the general public
5 donation for Aluminum Cans For Burned Children
Location: South Central Park 7565 Avon Belden Rd.

Day	Date	Time
SAT	05.04	7:30AM-NOON

Lorain County Beautiful Day

A great opportunity to play an active role in improving our community and parks. Residents are encouraged to clean up, fix up, paint & spruce up our community. **Interested organizations & individuals should contact Kevin Fougerousse.**

Day	Date	Time
SAT	05.18	9:00AM-NOON

Touch-A-Truck

Get up close and personal with all kinds of big trucks! This unique event encourages children (and adults!) to touch vehicles, ask questions and even climb inside to take in the view from the driver's seat.

North Ridgeville Parks & Recreation will have a sensory friendly version of the popular event. The first 2 hours of this event we will be sensory friendly. Climb in and check out your favorite trucks & emergency vehicles without the lights, sirens and horns! Organized for children that are sensitive and people with Autism Spectrum Disorder in mind. This way, everyone can enjoy the cool diggers, dumpers, and emergency vehicles without upsetting lights and noises. **Contact Tyler Newkirk for more information.**

Ages: 2-10 year olds
Fee: FREE to the general public
Location: Shady Drive Complex 37077 Shady Dr.

Day	Date	Time
SAT	06.08	10:00AM-2:00PM

10:00AM-NOON Sensory Friendly

Summer Concert Series

On Sunday evenings sweet sounds of music and friendly greetings fill the air at the South Central Park Gazebo with the City of North Ridgeville Summer Concert Series. The FREE concerts have a variety of performers appropriate for all age groups. All are invited to bring a lawn chair or blanket and enjoy this traditional summer pastime.

Fee: FREE to the general public
Location: S. Central Park Gazebo 7565 Avon Belden Rd.

Day	Date	Band	Time
SUN	06.09	Disco Inferno	6:00-9:00PM
SUN	06.30	Benny and the Big Shot	6:00-8:00PM
SUN	07.14	Spazmatics	6:00-9:00PM
SUN	07.28	Funkology	6:00-8:00PM

TEAL Art Fest

Let's have some summer fun with live entertainment, kid-friendly activities, food, a locally curated art gallery featuring K-12 artists, and more! The TEAL Art Fest is aimed at showcasing the visual and performing artists of Northeast Ohio in the City of North Ridgeville, Lorain County.

The festival celebrates the arts and individual expressions of K-12 students and young adults. It aims to engage the business community and residents of North Ridgeville and neighboring cities. Come and experience the beauty of North Ridgeville as a backdrop for this exciting event!

Fee: FREE to the general public
Location: S. Central Park 7565 Avon Belden Rd.

Day	Date	Time
SAT	07.20	10:00AM-4:00PM

Memorial Day Parade

Join us to honor our Veterans this Memorial Day, Monday, May 27. The parade is stepping off at 9:45am with a *NEW* route starting at the high school and ending at South Central Park in front of the Veterans Memorial. Following the parade will be a ceremony and opening of the memorial. Contact the Lions Club of North Ridgeville to participate in the parade LionsClubofNR@gmail.com

Day	Date	Time
MON	05.27	9:45AM

Reservation

Pavilion & Gazebo Reservations

Interested in holding a birthday party in South Central Park for your son or daughter? Look no further than the NRPRD! South Central Park Pavilions and Gazebo are rented out April 1 through October 31.

Reservations can now be made ONLINE through the NRPRD website under the "FACILITIES" tab.

Rental fees and application can be found on our department website at: nridgeville.org/parksandrec under the FORMS tab.

For more information please do not hesitate to contact our reservationist Tyler Newkirk.